

FALL 2022

vital

VGH+
UBC hospital
foundation

INSPIRING DONORS | TRANSFORMING HEALTH CARE | SAVING LIVES



cayden's heart

Everyday adversity.
Everyday strength

Day in the Life:
Occupational Therapist

Expanding lung
cancer screening

INTRODUCING

VGH & UBC Hospital Foundation

Philanthropy allows us to invest in health care innovations that would otherwise be impossible. By empowering a constellation of projects, places and people, we are advancing our understanding of disease and illness, and improving the health of individuals and our health care system, from hospital to home. And it is only made possible because of the vital support of readers like you. Thank you.

Patients across BC with the most complex health care needs are referred to the Vancouver Coastal Health sites we support:



**Vancouver General
Hospital**



**Vancouver Coastal Health
Research Institute**



**GF Strong
Rehab Centre**



UBC Hospital



**Vancouver Community
Health Services**

Recent Initiatives

RESEARCH PREVENTS CRITICAL COVID-19 DRUG SHORTAGE

Scarcity of a drug central to the treatment of critically ill COVID-19 patients inspired VCHRI researchers to develop a novel dosing strategy that prevented a potential drug shortage at VGH, saving lives.

A subsequent study by lead researcher Dr. Luke Chen demonstrated both the clinical and economic effectiveness of this approach, and guaranteed the supply of this life-saving drug to certain patients.

[Learn more: vghfoundation.ca/covid-dosing](https://vghfoundation.ca/covid-dosing)

PORTABLE POINT-OF-CARE OPIOID DEVICE SAVING LIVES

Dr. Martha J. Ignaszewski and team are developing a portable point-of-care device to quantify opioids in body fluids and creating a database to house this information. With a more accurate assessment of pre-existing opioid tolerance, Opioid Agonist Treatment will be able to be initiated at more therapeutically effective doses. This will reduce delays in the provision of life-saving treatment, improve retention in care and reduce the number of community opioid overdoses.

[Learn more: vghfoundation.ca/opioid-detector](https://vghfoundation.ca/opioid-detector)

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We acknowledge, with gratitude, that our Foundation offices are on the traditional unceded territories of the xʷməθkʷəy̓əm (Musqueam), Skwx̱wú7mesh (Squamish) and Səl̓ílwətaʔ/Selilwitulh (Tseil-waututh) Nations.

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PHOTO BY MANDY MCLELLAND



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MESSAGE FROM THE CEO

Resilience and reforging a new path forward

Hospitals and health care settings can be fearful places. Associated with a feeling that something isn't right. It can trigger anxieties and worries. Yet on the flip side, it can be a wonderful and beautiful place. It can be the place where we finally get answers to health problems that were plaguing our bodies, minds and emotions. Where we learn what we need to do in order to get better.

We can meet amazing people who can care for us. Healers and helpers. Who enter our lives at vulnerable moments and hold our futures in their hands.

And as I leaf through these pages of *Vital*, an issue visually influenced by the Japanese art of kintsugi (repairing broken pottery with gold and other precious metals to make them stronger), I can't help but see the sheer resilience that runs through our hospitals and health care centres.

The resilience of families like the Desjarlais', who lost a son, but saw the gift of hope his organs offered several individuals after his passing. The resilience of our health care workers who bear life and death responsibilities every day. And the resilience of you, our supporters, who stood with

us during an unprecedented time. Throughout it all, together, we continue to transform health care and save and improve lives.

In this edition of *Vital*, we celebrate our collective resilience. We shine light on those who are working their way through complex, traumatic injuries and diseases, and the health care workers who care for them. We celebrate the transformations in health care which started right here at VGH, and have since been adopted province and nation-wide. And I hope you see yourselves reflected in here, too.

If you would like to share your own story of resilience and the role of health care in your journey, or if you have feedback on this publication, please get in touch at communications@vghfoundation.ca.

Happy reading.

Warmest Regards,

Angela Chapman
President & CEO,
VGH & UBC Hospital Foundation

Everyday adversity. Everyday strength

It has been an unprecedented two and a half years for BC's health care system. From the spread of COVID-19, to record-breaking heat waves, to growing mental health and substance abuse issues—our front line health care staff have been tested like never before.

"I feel worn out and exhausted after these past couple of years. I walk into the hospital and morale is low. There's burnout... it's really hard," says Dave Sahadeo, Respiratory Therapist (RT).



RESPIRATORY THERAPIST DAVE SAHADEO

Dave's profession was brought into the limelight at the beginning of the pandemic, as RTs were—and are—critical in the treatment of COVID-19 infected patients, particularly those who end up in hospital and the ICU. They are often the last line of defense for those struggling to breathe through the disease, and Dave witnessed first-hand the cost of COVID-19.

And Dave isn't alone. Communities across BC are struggling with a short supply of doctors and health care workers, temporary closures of emergency departments have taken place in the Interior and Vancouver Island, and experts have stated burnout and burden on mental health are playing a role in this.

Yet through it all, these health care teams have shown incredible resilience. Dave still continues to



DESPITE THE CHALLENGES OF THE PANDEMIC, DR. MYP SEKHON SAW UNPRECEDENTED COLLABORATION ACROSS THE GLOBE

fight for a better future, both for his colleagues and his patients.

"We're a work family and we got even closer during the pandemic," says Dave. "We all want the same thing—to give good patient care—and that's what's driving me still."

The past two and a half years have also brought new levels of global collaboration and advances in health care.

"This pandemic really brought together the medical world," says Dr. Sekhon, an intensivist at VGH. "There was cross-collaboration between health care teams across the globe who were united in defeating a common illness. I see a lot of benefits two years later, even with the challenges."

Despite some bright spots of collaboration and inspiration, our local health care workers still need our help. They have been doing their best in nearly impossible situations for years, and they deserve the best support we can provide today.

SUPPORT HEALTH CARE WORKERS

Health care workers at VGH and beyond have carried the burden of this pandemic on their shoulders since day one, and it has taken its toll. They are still here for us, and we need to be there for them.

Learn how you can help at vghfoundation.ca

A DAY IN THE LIFE

The Occupational Therapist



KATHY WONG, OCCUPATIONAL THERAPIST

There's no typical day. I can be seeing someone who had brain cancer, or a stroke, or a concussion. People's conditions have very different impacts on their lives. It's my job to help them identify their needs, and then help them build themselves back up."

Kathy Wong has been an Occupational Therapist at GF Strong since 1983. She started there when it was originally servicing pediatric cases and played an integral role in growing it into what it is today—the province's largest rehabilitation centre.

Kathy is kind, knowledgeable and highly empathetic. She beams with an infectious smile as she speaks about the people from all walks of life that she helps, everyone from teens to adults. And she remains

inspired after nearly four decades of supporting thousands of clients—each with their own unique journey to recovery.

HELPING REBUILD YOU

Kathy starts her day off riding her bike to GF Strong for her 8:30 a.m. shift. She meets up with her colleagues in the basement—typically Speech Pathologist Chelsea Leigh, Physical Therapist Cat Chan, and another Occupational Therapist, Katie Griffin.

"It's so great having a morning chat where we check in and see how we're all doing," says Kathy. "We may be in the basement but we have such a great nurturing atmosphere down there."

On Tuesdays, Kathy will have ‘rounds’ for an hour and a half. This is where she checks in on patients with her colleagues to see how everyone is progressing. Afterwards, they’ll typically interview a new client. This could be in-person or via Zoom, as clients come from around the province and even occasionally from the Yukon.

Then in the afternoon the rehabilitation programs start. The health care team at GF Strong is comprised of an interdisciplinary team of experts working together to solve the nuances and complexities unique to each person.

“I work with patients to uncover what condition they’re living with and also ask, what is their goal? How has whatever they are living with disrupted their lives, and how can I bring it back for them?” says Kathy.

In the case of a concussion patient, it could be teaching them about pain management. How to deal with lights, noise, or focus issues. For someone

recovering from a stroke, it could be learning how to eat, walk, stand, sit: basic human functions which can be impacted by injury and disease.

“How has what they are living with disrupted their lives, and how can I bring it back for them?”

Every day, Kathy loves making a real and impactful difference in people’s lives. Watching people go through their toughest moments, and then witnessing them realize they can find a new path forward provides her with so much joy.

And above all, she does it with a team she loves.

“There’s an old Vancouver Coastal Health saying, ‘Came for the job. Stayed for the people,’ and that’s exactly what my experience has been,” says Kathy. “GF Strong is a big institution, but it’s filled with wonderful friendliness and amazing people doing amazing work.”

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CARE BY THE NUMBERS

THE PREMIER REHABILITATION CENTRE SINCE 1949

GF Strong is the largest and most specialized rehabilitation centre for people in BC and the Yukon, receiving more than 20,000 annual visits.

20,000+
ANNUAL VISITS



TEACHING AND RESEARCH LEADERSHIP

GF Strong researchers are involved in more than a thousand projects.

1,000+
PROJECTS



INTERDISCIPLINARY EXPERTISE

GF Strong’s health care team is comprised of interdisciplinary experts, providing world-class wrap-around care for every one of their patients.



HEALTH CHECK

Nurturing your Mental Wellbeing

Fostering and nurturing your mental wellbeing requires constant work. There are ups and downs in each of our days, and sometimes there are unexpected sources of mental distress.

Dr. Cameron Anderson, attending Psychiatrist and Medical Manager of the Segal 7 general psychiatry inpatient unit at VGH, shares advice on how you can help strengthen your mental health.



LIMIT SOCIAL MEDIA AND NEWS INTAKE

News stories—while important—can often contain difficult and emotionally challenging information. When this is the majority of information we take in on a daily basis, it can cause mental distress. As the perception of threat increases, so do our bodily responses, including anxiety and worry. Commit to only checking in a couple times per day, set times to check in, disable news alerts, or rely on family and friends to provide major updates.

FIND POSITIVE RESPONSES TO STRESS

When you are stressed, your body responds as though you are in danger. It releases hormones that speed up your heart, you breathe faster and you can experience sporadic bursts of energy. Try working on positive responses including: listening to music, laughing or crying, taking a bath or showering, going out with a friend, or doing creative activities.

GET YOUR SLEEP!

We've all heard it before—sleep is important. It's a tale backed by science, as it allows your brain to focus on important body responses, form new pathways for learning, remembering and processing information, and it rebuilds your energy for the next day. Try to commit to a consistent bedtime routine and minimize caffeine, watching TV, or using phones and computers before bed.

CONCUSSIONS AND MENTAL HEALTH

The connection between concussions and mental health is often overlooked. Concussions can be destructive, affecting the ways your body functions: your thinking, your emotions, your sleep. Receiving a diagnosis and treatment plan can greatly help patients recover. Seek help if you suspect you are suffering from this condition.

ABOVE ALL, TAKE CARE

No one is perfect. We're all facing our own challenges in our unique and nuanced ways.

If you need help, visit us online to find resources that could work for you:

vghfoundation.ca/take-care



*It's OK to
make time for
yourself.*



FEATURE STORY
cayden's heart

PHOTOS MANDY MCLELLAND

It was a warm summer's day in 100 Mile House, located in the interior of BC just northwest of Kamloops. Twenty-eight-year-old Cayden Desjarlais decided to go for a ride on his motorcycle. He loved the fresh air. The freedom. Being outdoors offered him a welcome respite from the stresses of his work—running his own business, CJD Custom Metal Works.

And so, Cayden hopped on his motorcycle and rode out into the sunshine...

Cayden wouldn't make it back home. He wouldn't see his mother, Deanna, his sister, Madison, or his father, Dan, again. He wouldn't see his mother passionately volunteer her time in a hospice at 100 Mile House, helping those in the twilight of their life. He wouldn't see his

sister's doula business begin to flourish in the Lower Mainland. He wouldn't see the hundreds of messages of love and support for him and his family at his celebration of life.

And Cayden wouldn't see **the gift of life he gave to several organ donor recipients.**

Unbeknownst to his family, Cayden had signed up to be an organ donor many years earlier. He never mentioned it to anyone, but it wasn't a surprise when they found out. It was classic Cayden; kind to the last.

His choice would save lives. And now, his mother Deanna is seeking one last moment with her son—**to hear his heartbeat one more time.**



CAYDEN AND HIS FATHER, DAN

SIBLINGS MADISON AND CAYDEN

“Once the ICU doctor told us Cayden wasn’t going to... that there was no survival for him... I remember looking at Cayden’s father, Dan, and saying, ‘I wonder about organ donation?’ And sure enough, Cayden had done it. And it just meant the world to us to know that several of his organs would live on in somebody else.”

Doctors identified four organs and islet cells suitable for transplant: Cayden’s heart, liver, and kidneys.

His family approved the donations, and Cayden was rushed to Vancouver to transplant his organs safely into people in desperate need of help. One of those facilities was VGH, where the province’s only liver transplant program is led by Dr. Peter Kim.

TRANSPLANTING HOPE

“For the last few years, the number of liver transplants have pretty much doubled, and we only expect them to continue to rise,” says Dr. Peter Kim.

VGH is one of the largest solid organ transplant centres in Canada. Staff identify, refer and facilitate organ donation, supporting families during an incredibly difficult time, and giving them a voice and choice at their loved one’s end of life.

There are hundreds of individuals in BC who are waiting for life-saving transplant surgery—several of whom Cayden saved.

“I remember looking at Cayden’s father, Dan, and saying, ‘I wonder about organ donation?’ And sure enough, Cayden had done it.”

THE ROAD TO RECOVERY

A transplant patient’s journey is one of resilience. First, they must survive any complications to make it to the surgery. Once admitted, they can be cared for by surgeons, hepatologists, nurses, anesthesiologists, perfusionists, and more. Then once surgery is completed, it’s onto recovery.

“Patients usually are able to return home and some patients end up at GF Strong to undergo rehabilitation before they are able to return home,” says Dr. Kim. “Yet the journey is far from over. Transplantation requires life-long care.”

Recovery depends on the complexity of their condition. It can take anywhere from a week to months before a patient can recover completely. And once they do, they require follow-up care to ensure the new organ is accepted by the body.

Through it all, they are given a chance at a new life because of people like Cayden who made the decision to be an organ donor.

LIFE-SAVING INSPIRATION

Dr. Kim’s father received a life-saving liver transplant at VGH which inspired him to become a liver transplant surgeon.

His research explores the role of blood flow in liver transplants and how it relates to post-op outcomes and complications.



“I do think there was positive intention when he checked the box to be an organ donor,” says Madison, Cayden’s younger sister. “He had a strong intention of wanting to share his love and share his light with other people. **Of course he was going to be an organ donor, because there’s still people that he’s able to make smile.**”

“Without the donors and their families, transplant is not possible,” says Dr. Kim. “As a surgeon and health care professional, I have immense gratitude for people who find it in their hearts to donate their own or their loved one’s organs. It’s remarkable.”

SEEKING HER SON’S HEART ONE LAST TIME

Deanna lost her son last summer, but she hasn’t lost their memories—the good and the bad. Whether it was Cayden’s smile the first time Deanna took the training wheels off his bike. Or the terror she felt when Cayden pulled boiling water off the stovetop and burned himself as a toddler. Deanna cherishes it all, every single day. And she feels Cayden’s choice to give was a gift not only to the recipients, but to her as well.



CAYDEN AND HIS MOTHER, DEANNA

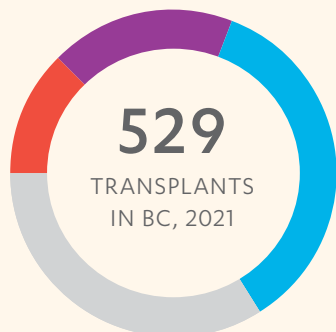
“People loved Cayden and Cayden loved people. He put so many people in front of himself to help,” says Deanna. “And I recently heard back from the woman who received his heart...”

Deanna has had one wish since Cayden passed—to hear his heartbeat once more in the person who received it. Recently, through an anonymous letter exchange program at BC Transplant, she was able to communicate with the donor recipient, which warmed her own heart.

“I’m speechless. It’s just so wonderful, to know Cayden’s out there helping someone live on,” says Deanna. “We’ll see what happens next. I’m hopeful.”

“It’s just so wonderful, to know Cayden’s out there helping someone live on...”

VGH: BC’S LARGEST ORGAN RECOVERY SITE



- 66** LUNG TRANSPLANTS AT VGH
- 97** LIVER TRANSPLANTS AT VGH
- 186** OTHER TRANSPLANTS AT VGH
- 180** TRANSPLANTS ELSEWHERE

66% OF TRANSPLANTS TOOK PLACE AT VGH—THE ONLY BC HOSPITAL TO PERFORM LIVER AND LUNG TRANSPLANTS

288 TRANSPLANTS AT VGH IN 2020

349 TRANSPLANTS AT VGH IN 2021

21% INCREASE

Remembering my dad, Joe Segal

Joe Segal was a remarkable humanitarian, businessman and philanthropist who passed on May 31, 2022 at the age of 97. A man who epitomized philanthropic leadership, and whose integrity and generosity have enriched and improved the lives of British Columbians. And Gary, Joe's son, is grateful to have spent much of his life with such a man.



LEFT TO RIGHT: JOE AND ROSALIE SEGAL, GARY AND JOE

“My dad had an open-door policy. We did our own things, but he shared his wisdom with me daily,” says Gary. “For 36 years we shared an office and I particularly loved going to lunch with him. It was a pleasure to see his phenomenal manner with people and witness how well he would treat everyone, this parade of people who would come to do business, seek personal advice, or help support charities. One way or another, he always helped.”

Gary Segal remembers his father with an unending warmth—like a lit hearth.

While many came to know Joe once he was an established name, Gary was there at the beginning. He recalls the late nights his father worked trying to build a

future for his family—the most important thing in Joe’s life—and he always looked forward to the insightful dinnertime discussions.

It’s no wonder then that Gary, after maturing into adulthood and practicing law for six years, decided to join his father’s company. It was a rare opportunity in his eyes—a “blessing”, as Gary says—to have a father and son work side-by-side. One that he didn’t take for granted, and he used his time to gain as much wisdom as his father would dispense.

Wisdom Joe shared up until his last day. Gary recalls his dad met with clinician-scientist Dr. Eitan Prisman at VGH. Joe had made a point to visit with Dr. Prisman’s team of researchers and clinicians and offered them words of encouragement.

“That was my dad, mentoring and motivating right to the end,” says Gary, adding his father had a particular fondness to the health care staff at VGH and UBC Hospital, who were an “indispensable” part of Joe living to be 97.

With every life-saving encounter he had with VGH and UBC Hospital, Joe’s awareness of the talented medical professionals grew and he made a point to support the life-changing research projects in various medical fields, from stroke to cancer to spinal cord injury and surgery.

“He recognized that such talent was always at risk of being poached, and he never took for granted how vital they were to the very best health care,” says Gary. “My dad just cared so deeply about life and people on both a personal and higher level. He just had a real zest for life. His loss is a huge void in my life, but I’m able to draw on those memories and the extensive legacy he left for us.”

JOSEPH & ROSALIE SEGAL & FAMILY HEALTH CENTRE

Since opening its doors in 2017 thanks to a generous \$12M donation from the Segal family, the centre has admitted and helped thousands of patients in need of urgent mental health support and services. In addition, the outpatient team sees an increase in the number of visits year-over-year.



Cancer screening program saving lives across BC

Lung cancer is the leading cause of cancer death in Canada and worldwide, with 70 per cent of all cases diagnosed in advanced stages. Thanks to remarkable donor support, teams of researchers at VGH and beyond aimed to buck this trend by detecting lung cancers earlier when treatment is more effective.

Today, after proving its astounding effectiveness, this program has expanded province-wide.

And no one understands the importance of this better than Tanya Bruce.

EARLY SCREENING SAVED TANYA'S LIFE

Tanya witnessed firsthand the devastation lung cancer can have, as she watched her mother pass from the disease. Since then, she always wondered whether she was going to have it one day, too.

And so in 2020, Tanya jumped at the opportunity to join a cancer screening pilot at VGH knowing it could one day save her life. During her annual CT scan in February 2022, as part of the Lung Cancer Screening Pilot at VGH, the physicians found something of interest. This flag triggered a cascade of care for Tanya which confirmed she had a cancerous tumour in her lungs.

Thanks to catching it early, the tumour could be surgically removed and Tanya wouldn't require the potentially life-impacting side effects of radiation and chemotherapy.

SAVING HUNDREDS PER YEAR

150 cases* will be caught annually through the program...

75% of which* will be diagnosed at an earlier, more treatable stage.

*ESTIMATED

On March 31, 2022, Dr. John Yee, Head of Thoracic Surgery at VGH, performed the procedure to remove the tumour and any potentially damaged tissue.



THE PROGRAM ENABLED DR. JOHN YEE TO SAVE TANYA BRUCE'S LIFE THROUGH EARLY INTERVENTION.

"I wasn't even in the hospital for 25 hours," says Tanya. "I went home the next day. It was a beautiful, sunny day. I went for a little walk and then I was making soup in the afternoon."

DONORS TRANSFORMING CARE

The Lung Cancer Screening Pilot Program at VGH that saved Tanya's life was made possible thanks to a \$1.2 million donation from philanthropists Emily and Jason Ko. This transformational gift launched the program, conducted by Dr. Stephen Lam, an award-winning scientist specializing in early detection of lung cancer, Dr. John Mayo, former Head of Radiology at VGH, and Dr. Yee.

DONOR SPOTLIGHT

Jason and Emily Ko are dedicated to health and well-being. Emily was a nurse at the Veterans' General Hospital in Taiwan, and together they own and operate Viva Pharmaceutical in Richmond.



PROVINCE-WIDE EXPANSION

Due to the success of the pilot program, BC has expanded this lung cancer screening program province-wide to reach 36 centres across all health authorities. Today, there is more equitable access to care, earlier detection within these communities which will improve survival rates, and a consistent, high-level screening and prevention program available to every eligible patient.

And it all started here at VGH thanks to donors.

Your Impact



Ryan Jones
Grateful patient

“After my accident, I needed all the help I could get. VGH and GF Strong health care teams gave me the care that I not only needed to survive, but to restore my way of life. Because of those teams, I am back to doing what I love.”



Kristin Nelson
Addiction Nurse

“I see the needs of the community in my work every single day. Because of people who give, there will be a new opportunity to help save more lives once the Withdrawal Management Centre is up and running.”



Denise Johnson
Grateful patient

“Dr. Tara Sedlak is a gem. She’s a world-leader in women’s heart health, and I genuinely believe she saved my life. I cannot thank her enough for all her support through the years.”



Dr. Philip Teal
Director, Vancouver Stroke Program

“Donor support is forging a new path forward in medicine. It’s empowering researchers like myself to uncover the medical mysteries of the brain.”

VITAL SUPPORT FROM THE COMMUNITY



VANSCAD

The world-leading authority on Spontaneous Coronary Artery Dissection (SCAD), Dr. Jacqueline Saw, has galvanized the community to raise more than \$60,000 since 2018 through the annual 5K run/walk or 25K bike ride. The event raises awareness for SCAD and supports critical SCAD research.



CORKE CLASSIC RAISES \$11,337

The inaugural Corke Classic charity golf tournament, organized by David and Vanessa Corke, raised \$11,337 in support of the Leukemia/Bone Marrow Transplant Program of BC. This is the first event of many to come—thank you, David and Vanessa!



Plan an event

Organize a fundraiser. Transform health care.

Want to make a difference? Gather some friends and partner with VGH & UBC Hospital Foundation today to build a fundraising event that makes an important difference in BC.

 [Learn more: vghfoundation.ca/plan-an-event](https://vghfoundation.ca/plan-an-event)

Incubating innovations

Philanthropy is critical in pushing the boundaries of health care forward. It empowers world-class researchers and clinicians to reach beyond the status quo, to reimagine health care in new and exciting ways, and to make the once believed to be impossible, possible. Below are a collection of donor-funded pilot programs (e.g. Lung Cancer Screening, pg. 12), which started right here at VGH, and have since expanded far beyond these walls.

Learn more online at: vghfoundation.ca/pilot-programs

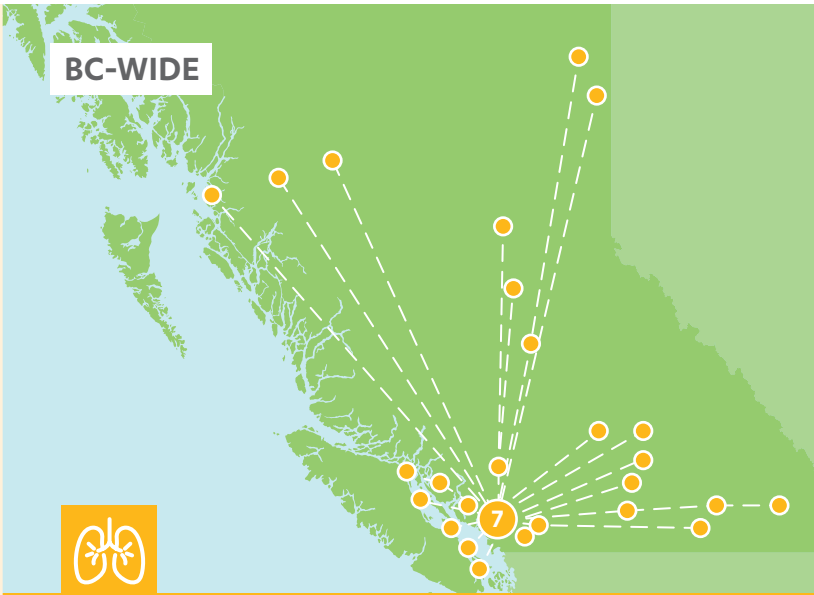
VANCOUVER-WIDE



NANCY CHAN PALLIATIVE CARE AMBULATORY CLINIC

The clinic supports clients and families who are facing a life-limiting illness. What began as a pilot in 2015 now regularly supports **the entire Vancouver area.**

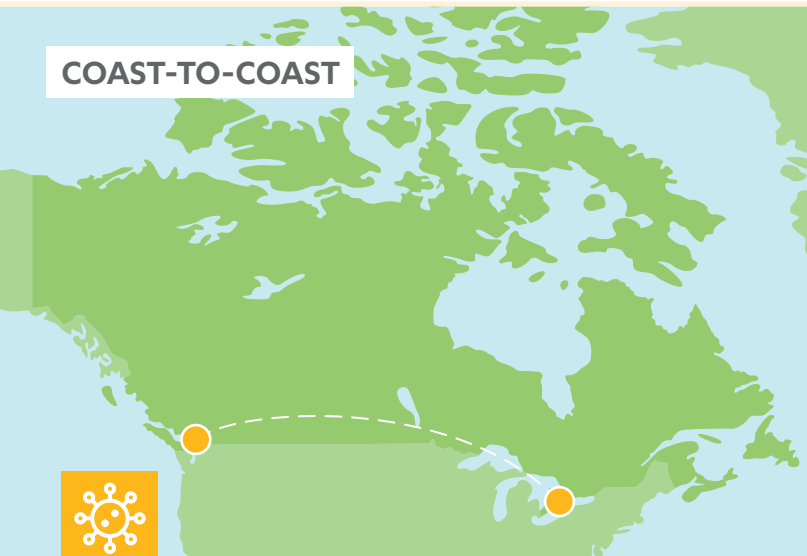
BC-WIDE



EARLY DETECTION

The Lung Cancer Screening Pilot Program at VGH was a resounding success, and this program has now expanded to **36 sites across BC.**

COAST-TO-COAST



COPPER ON TRANSIT

A natural antimicrobial, copper was first trialled in 2021 on high-touch areas on public transit vehicles in **Vancouver.** In 2022 it expanded **across to UBC campus and Toronto transit.**

WORLDWIDE



OPPORTUNISTIC SALPINGECTOMY

The OVCARE team at VGH implemented **preventative surgery** that saves countless lives, and has been adopted by gynecological societies **around the world, aiming to prevent ovarian cancer.**



Leave a legacy for a **healthier future.**

Inspiring donors. Transforming health care. Saving lives. This is what your support makes possible.

Leaving a gift in your will offers vital support to our world-class hospitals and health care centres. You equip our health care teams with cutting-edge technology, empower critical research, and help transform clinical care for all British Columbians.

Connect with us and uncover your new legacy, today.

vghfoundation.ca/legacy

For more information on leaving a gift in your will and other legacy giving options, contact:

Kerry Shillito
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VGH+
UBC hospital
foundation